

NAVY WARRIOR TRANSITION PROGRAM

EXPEDITIONARY COMBAT READINESS CENTER

USAG Rheinland-Pfalz (Sembach), Germany



WELCOME ABOARD!

PRE-ARRIVAL INFORMATION

Disclaimer: This package was current as of 03SEP2015. If you are a Returning Sailor coming home from an IA deployment, you should receive an updated version via email within 1-3 weeks of your trip home from theater.



DEPARTMENT OF THE NAVY
OFFICER IN CHARGE
WARRIOR TRANSITION PROGRAM
UNIT 29926
APO AE 09136-9926

Greetings!

Welcome to the Warrior Transition Program and welcome back to the United States Navy!

Expeditionary Combat Readiness Center's Warrior Transition Program (WTP) is an integral part of your redeployment process. While participating in WTP, you will first be turning in your weapons and your deployment-issued gear (as applicable). You will also have an opportunity to catch up on some much deserved rest. However, one of the true benefits of your time here will be an opportunity to reflect on your recent deployment experience, relax and talk with peers who deployed during the same timeframe while mentally preparing yourself for the return home to family and friends.

Flight schedules, rotator and commercial, drive your length of stay; the average is six days, two of which are arrival and departure days. This allows you four days to acclimate, get settled in, and complete each phase of WTP. You will be happy to know that there is ample down time. This is by design and is meant to allow each individual to rest and ease into the transition homeward.

Please note that WTP is not R&R, but a CNO-mandated course; leave and/or liberty are not authorized during your time at WTP. You will also be accompanied by a WTP staff member for any journeys off-post. Having said that, prepare to relax. Our team will be standing by, ready to help you with whatever you may need. They are eager to assist you and make your transition home as smooth and pleasant as possible.

Should you have questions prior to your arrival, contact us by posting a question on our Facebook page (NAVY WTP SEMBACH GERMANY), call our on-site Care Team at DSN 314-542-5414, or email the Director at usn.sembach.wtp.list.director@mail.mil. Additional contact info is on the last page of this Welcome Aboard Package.

We look forward to seeing you here at WTP!

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WARRIOR TRANSITION PROGRAM

WHAT IS THE WARRIOR TRANSITION PROGRAM?

The Navy developed the Warrior Transition Program (WTP) to facilitate the IA Sailors' reintegration process with Families, Commands, and Communities following a GFM-directed deployment. The program involves a few workshops and activities that are designed to help Sailors make the transition back to life in the United States, or their next duty station overseas.



PREPARATION FOR WTP

Approximately 45-60 days from your BOG end date, contact NAVCENT FWD HQ to check your current IA and DEMOB orders for errors. The most common and time consuming issues that delay your departure home are incorrect orders, which begin your travel out of country. The most common errors are:

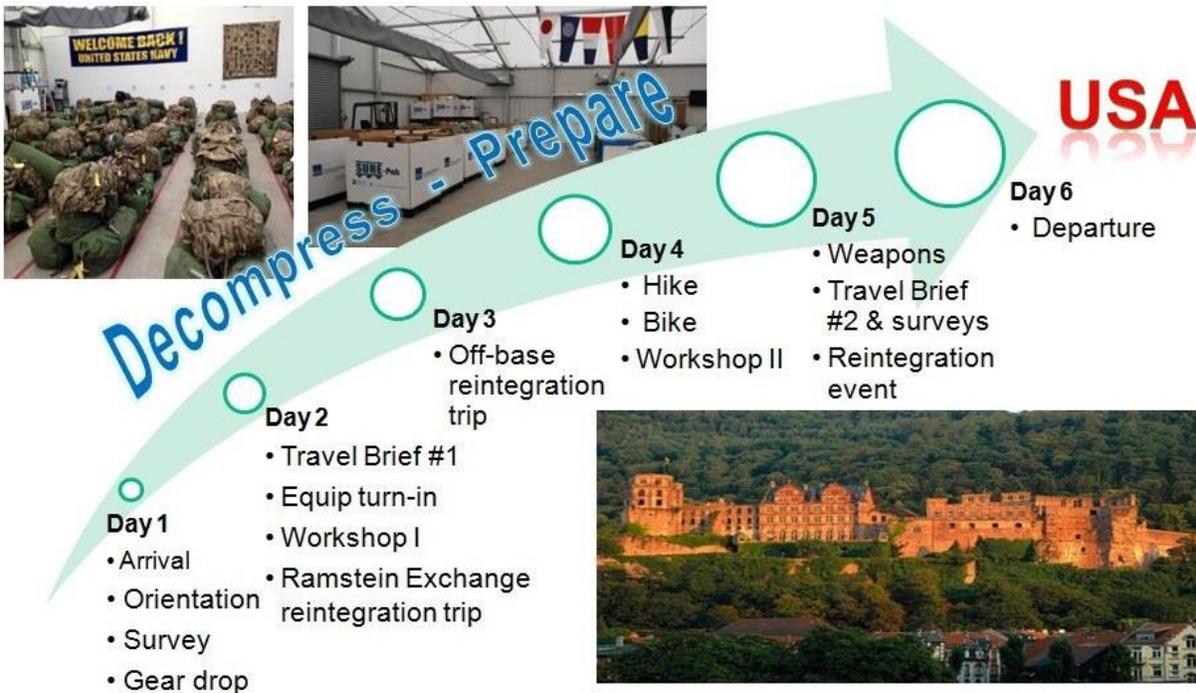
- Missing I-stop at WTP
- WTP I-stop after NMPS Site
- No NMPS Site
- Missing or Wrong Fiscal Year accounting data

If in doubt, have the NAVCENT FWD HQ screen your orders.

Prior to detaching from your assigned command you must have a stamped and signed set of **Transfer Orders (Demobilization Orders** for Reservists).

Also, check your **Military ID Card**. Inform your chain of command immediately to obtain a replacement if your ID card is severely damaged, or expires within 30 days of your BOG end-date.

List of WTP Events



PRE-WTP SURVEY: You should receive an email 1-3 weeks prior to your arrival which will provide an updated version of this package as well as a request for your participation in a Pre-WTP survey. Please complete this survey – it’s easy, quick and provides us information about your expectations regarding WTP.

FLIGHT INBOUND: You will arrive at Ramstein Air Force Base Germany via normal rotator flight from Qatar or by commercial airline travel to Frankfurt International Airport (FRA). Upon arrival, you’ll be greeted by WTP staff who will assist you through the arrival process. Once they have accounted for all of your gear/luggage and cleared customs, the staff will be providing transportation to our facilities at Sembach. It is about a 30 minute transit from Ramstein Air Base or an hour transit from Frankfurt International (FRA).

NOTE: If you don’t see any WTP personnel after you clear customs at FRA, please go to the USO in Terminal 1 (Hallway “C”). Staff will meet you there.

CHECK-IN AND ADMIN: Upon arrival at WTP you will unload your gear in our main tent, receive berthing assignments, and get a short Admin in-brief that will detail your schedule during your time at WTP.

- ❖ If you arrive at WTP with any pre-existing medical condition or current injury please inform the WTP medical team as soon as possible.
- ❖ When packing for Germany, please **pack your turn-in (issued gear) separate from your personal gear**, if possible. When you arrive at WTP, we will store all turn-in gear in our tent and you will take personal gear with you separately to your berthing spaces.



TRAVEL BRIEF: This is designed to inform you on the plan for returning to NMPS or your parent command. WTP Operations Department will provide you with the details of your itinerary and what to do upon arrival at BWI (rotator) or other ports of entry (commercial).

WARRIOR TRANSITION WORKSHOPS: These are designed to facilitate a positive beginning for the journey home. These workshops provide exceptional information on Combat Operational Stress symptoms, recommendations for dealing with stress, grief, and reunion issues. Additionally, after the first workshop you will be given the opportunity to sign up for additional workshops covering such topics as: Single Sailors, Parenting, Healthy Couples, Returning to the Reserves, and “Not My First Rodeo”.

GEAR DROP: Gear Drop (Tent/Armory) is where Returning Sailors turn in all gear issued. Despite what you may hear about certain items, **please anticipate handing-in ALL issued gear at WTP.** If there is an exception to an item, the WTP staff will let you know.

Tips for Gear Drop:

- In your bags, separate your personal items from organizational issued equipment and gear. Remove all personal paperwork from pockets, pouches etc.
- Separate all the attachments from the equipment belt (e.g. -Molle gear, Canteen Pouches, etc.) and remove plates from vest.
- *The government issued 3-day/assault pack is a turn-in item at WTP.* Therefore, it is not available as a carry-on for your return home. Please plan accordingly.

WEAPONS CLEANING: (Tent/Armory) Requires all weapons to meet inspection standards and be free of oil upon turn-in. To speed the process, give your weapon an initial cleaning prior to arrival at WTP. Our staff will be on hand during a scheduled cleaning time to provide any needed assistance and cleaning supplies.



DECOMPRESSION TIME: WTP your chance to “catch your breath” and relax. With the exception of a few mandatory events (e.g. – musters, weapons & gear turn-in, Workshop I), time at WTP is yours to manage so you can decompress at your own pace. If schedule permits, the WTP staff will arrange non-

mandatory reintegration trips to nearby cities and/or local parks to give you a chance to enjoy some sites and experience German culture. (Note: There may be a small transportation fee to attend this trip.) Civilian attire is required for off-post trips; time will be provided for you to purchase civilian clothes. Please note that the off-base the currency is Euros, not U.S. dollars; you can obtain Euros on-post at Sembach.

RELIGIOUS SERVICES: Each week we offer transportation to Protestant Worship services and Catholic Mass at nearby bases. If you have other faith needs, PLEASE let our chaplain know upon your arrival or before arriving (see Ops contact below).

FINAL TRAVEL BRIEF: Ops will review last minute changes, inform you of what to expect at BWI Airport for those flying on the “Patriot Express” rotator flight, and give you the muster plan for the day of departure. We will also look for feedback on our Post-WTP survey. These surveys help the WTP staff to improve quality of life for other Returning Sailors.



RETURN HOME: Muster for departure normally takes place very early in the morning. All bags must be packed and ready to go, rooms cleaned and keys handed-in at muster.

Typically, all Returning Sailors depart on the rotator and process through customs before boarding the charter. A uniform is required for rotator flights. In contrast, if you are scheduled for commercial departure, proper civilian attire is required. **Sailors should have both a uniform and civilian attire at WTP in the event that planned flight arrangements change.** You will also need to keep in mind that a uniform is required for your time at NMPS.

- ❖ *Contact your local NAVCENT FWD Command with general questions or issues surrounding your departure from country, or for more specific info regarding WTP, contact the staff directly with the information provided on the contact information page at the end.*

*On behalf of the WTP Staff, we look forward to assisting our shipmates who have made countless sacrifices in loyal service to our Country.
Thank you and Welcome Aboard!*



HELPFUL INFORMATION FOR YOUR STAY



*During your stay in our berthing, your room will be provided with fresh linens, blankets and a pillow. Note: You are not guaranteed a private room, regardless of paygrade.

ATTIRE/CLOTHING AT WTP SEMBACH

- Civilian clothes, uniforms, and/or PT gear **are all authorized** while at WTP. Whatever the attire, individuals must maintain Navy grooming standards per regulations.
- No mixing and matching of civilian PT gear with Navy PT gear (e.g. - boots with Navy PT gear, civilian sweatshirt with Navy shorts, etc).
- Whatever you choose to wear at WTP is your choice, but you are required to retain one uniform for your flight home via rotator. Those on commercial flights will travel in civilian attire.
- All trips off-post require civilian attire; no military markings or unit T-shirts for off-post. If needed, the Chaplain's Closet has a limited selection of free, donated (new/unused) clothing. There is also an opportunity to buy civilian attire at the Ramstein Exchange.

AMENITIES AT WTP SEMBACH

Offered by the Navy and Army MWR On-site

- **TV lounges** Bldg 219 & 220
- **Movie theatre** Bldg 220
- **Computer consoles** Bldg 219 & 220
- **Wi-Fi access** Bldg 219 dayrooms & Bldg 220
- **DSN phones** Bldg 219 & 220
- **Fitness rooms** Bldg 219 & 220 (There is also a base gym with more equipment.)

ACTIVITIES AVAILABLE ON SEMBACH:

Restaurant hours: Breakfast: 0700 – 0900
(Bldg 220) Lunch: 1100 – 1300
Dinner: 1630 – 1930

Warrior Zone: Tue–Thur: 1200 – 2200*
(Bldg 220) Fri/Sat: 0700 – 2400*
Sun/Mon: 0700 – 2200*

**Closing hours at manager's discretion*

Mini Mart: Mon – Fri: 0730 – 1830

Gym: Mon – Fri: 0530 – 2100
Sat /Sun: 0900 – 1600

Java Café: Mon – Fri: 0700 – 1500



WTP CONTACT INFORMATION

Duty Cell + (49) 1722-46-9683 – commercial number

OIC	usn.sembach.wtp.list.oic@mail.mil	DSN 314-542-5104
Director	usn.sembach.wtp.list.director@mail.mil	DSN 314-542-5102
CMDCM	usn.sembach.wtp.list.cmc@mail.mil	DSN 314-542-5103
Admin Dept	usn.sembach.wtp.list.admin@mail.mil	DSN 314-542-5109
Ops Dept	usn.sembach.wtp.list.operations@mail.mil	DSN 314-542-5301
Weapons	usn.sembach.wtp.list.weapons@mail.mil	DSN 314-542-5311

WTP FACEBOOK page: [NAVY WTP SEMBACH GERMANY](#)

OTHER HELPFUL LINKS FOR RETURNING SAILORS

NAVY INDIVIDUAL AUGMENTEE:

www.ia.navy.mil/

CTF-IA :

<http://www.cusnc.navy.mil/ctf-ia/ctf-ia.htm>

FLEET AND FAMILY SUPPORT PROGRAM :

http://www.cnic.navy.mil/CNIC_HQ_Site/WhatWeDo/FleetandFamilyReadiness/FamilyReadiness/FleetAndFamilySupportProgram/CNICD_A065580

MILITARY ONE SOURCE :

<http://www.militaryonesource.com/MOS/Navy.aspx?MRole=Member&Branch=Navy&Component=Active>

NAVCENT FWD AFG PORTAL :

<http://usforasouth.rcsouth.afghan.centcom.mil/units/navcent/default.aspx>

RETURNING WARRIOR WORKSHOPS :

http://www.public.navy.mil/ia/Pages/R3_FM_RWW.aspx

YELLOW RIBBON PROGRAM (includes Post-9/11 GI BILL link):

http://www.benefits.va.gov/gibill/yellow_ribbon.asp

NMPS Norfolk :

https://www.cnic.navy.mil/om/administrative_services/nmps/norfolk.html